

Menu sample

Monday

Breakfast

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Fish pie, carrots, broccoli, and white sauce.

Dessert

Jam and coconut sponge with custard

Teatime

Cheese and ham toasties with coleslaw, yoghurt, tea/coffee

Tuesday

Breakfast

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Roast gammon, creamed potatoes, carrots, peas, apple sauce/gravy

Dessert

Lemon cheesecake and cream/ice cream

Teatime

Toasted Veda, banana, fruit, tea/coffee

Wednesday

Breakfast

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Roast chicken, creamed potatoes, carrots, cauliflower, and gravy

Dessert

Peach and cinnamon upside-down cake and custard

Teatime

Fish fingers and chips, yoghurt, cup of tea/coffee

Thursday**Breakfast**

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Sausage casserole, creamed potatoes, and peas

Dessert

Profiteroles and ice cream

Teatime

Scrambled eggs and toast, fruit, tea/coffee

Friday**Breakfast**

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Chicken goujons, chips, peas, and gravy

Dessert

Fruit trifle

Teatime

A selection of sandwiches, yoghurt, tea/coffee

Saturday

Breakfast

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Homemade vegetable soup and wheaten bread

Dessert

Pavlova

Teatime

Small fry, fruit, tea/coffee

Sunday

Breakfast

Selection of cereals/porridge/boiled eggs with toast and jam/marmalade, cup of tea/coffee and a glass of juice/milk

Lunch

Roast chicken, stuffing, creamed potatoes, cabbage, carrots, and gravy

Dessert

Fruit cocktail pudding and custard

Teatime

Hot dogs with fried onions, yoghurt, tea/coffee

We offer afternoon tea and cake at 3 o'clock and serve supper at 7:30 pm.